ALAMEDA COUNTY PUBLIC HEALTH DEPARTMENT

MISSION STATEMENT

Working in partnership with the community to ensure the optimal health and well being of all people through a dynamic and responsive process; respecting the diversity of the community and challenging us to provide for present and future generations.
A Bill of Rights

1. I have the right to be safe and informed at the time of my parent's arrest.
2. I have the right to be heard when decisions are made about me.
3. I have the right to be considered when decisions are made about my parents.
4. I have the right to be well cared for in my parent's absence.
5. I have the right to speak with, see and touch my parents.
6. I have the right to support as I face my parent's incarceration.
7. I have the right not to be judged, blamed or labeled because my parent is incarcerated.
8. I have the right to a lifelong relationship with my parent.

ALAMEDA COUNTY
CHILDREN OF INCARCERATED PARENTS

www.accipp.org

REVISED 12/17/2013

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“His Health tells us a troubling story, specifically that men die at an earlier age and have significantly higher rates of illness and death than women for almost all major health indicators.” — Alex Briscoe, Director, Alameda County Health Care Services Agency

Statement of Purpose

“Men’s Health Raising the Awareness for Home, Family and Community”

The goal of this resource guide is to identify some of the critical male gendered focused resources, specifically identifying some of the programs and services for urban men/boys and their family living in Alameda County.

It was designed for service providers, administrators and public officials both elected and non-elected. It is our intention to have developed a referral tool that would be useful for the “Communication, Coordination and Collaboration” of key county-wide services and programs that are critical for the development of a healthy community.

How to use Directory

- Organizations may be under different topics.
- Ask provider for all services offered.
- Websites and phone numbers are provided.
- Listings are grouped by services provided, not alphabetical.

You can get these reports from http://www.acphd.org/urban-male-health/
The mission of UMHI: To develop policy, change institutional practices and eliminate barriers to positive health outcomes for urban males in Alameda County.

The Urban Male Health Initiative (UMHI) was launched in 2005 in recognition that males of color in Alameda county do not access adequate health care and face a multitude of challenges ranging from fatherless homes, lack of positive male role models, disparities in criminal justice system, occupational hazards to violence to societal pressure and lack of educational economic opportunity.

Ways to get involved
Urban Male Health Forum - a bi-monthly forum that brings together community members, policy makers, health care providers and various community-based organizations that serve makes to network, share ideas and learn about male health issue together.
Collaborate with our partner organizations - many of our partner organizations could benefit from different types of technical assistance. Contact us to find out how!

Special Projects
1. Prodigal Son Initiative
2. Juvenile Justice Reform
3. Center for Healthy Schools and Communities
   www.healthyschoolsandcommunities.org
4. Children of Incarcerated Parents www.sfcipp.org
5. Parole Orientation Program Services (P.A.C.T.) 510-577-2407
7. HIS Health Alameda County Public Health Department www.acphd.org
10. Men and Boys of Color Initiative www.urbanstrategies.org/bmoc
14. Alameda County Re-Entry Plan
Alameda County Public Health Department (ACPHD)
- ACPHD Black Infant Health
- ACPHD Adolescence Teen pregnancy Prevention (TPP) Making Proud Choices
- ACPHD Urban Male Health Initiative Admin
- ACPHD Male Involvement Program
510-267-8000
www.acphd.org

Alameda County Probation Department
510-268-7050

Apple of Discord Productions, LLC
510-734-7776

Bay Area Black United Fund
1212 Broadway Oakland CA
1-888-232-6368

Be a Mentor 714 “B” St. Hayward CA 94541
510-444-4025

Casey Family Programs 491 9th St. Oakland
510-569-4701

Charles P. Foster Foundation 1217 Washington SL
510-238-3083

City of Oakland (Joe DeVries)
510-639-3230
www.ousd.k12.ca.us/ccpa

African American Male Achievements
510-834-3457
www.centerforce.org/program/centerforce-youth-court

Centerforce
510-444-9655

Healthy Oakland Urban Male Health Center
510-618-3457

Inter-Agency Children’s Policy Council (ICPC)
510-535-4000
www.laclinica.org

La Clinica de La Raza
510-879-8200
www.ousd.k12.ca.us/ccpa

Men’s Center (Bay Area Rescue Mission)
200 Macdonald Ave., Richmond CA94801
510-215-4868
www.bayarearescue.org

Oakland Unified School District
510-267-8000
www.ousd.k12.ca.us/ccpa

Marcus A. Foster Educational Institute
8301 Edgewater Dr. Oakland CA 94621
510-777-1600
www.marcusfoster.org

510-582-2620
www.keepthetrust.org

Young Scholars Program
P.O. Box 721, Hayward CA 94543
510-582-2620
www.youngscholarsprogram.org

Alameda County Adult Probation
400 Broadway, Oakland CA 94604
510-267-8000

Alameda County Youth Probation
510-667-4970

Alameda County Public Defender
1401 Lakeside Dr, Suite 400, Oakland CA 94612
510-272-6600

Alameda County Bar Association
510-302-2222

Bay Area Legal Aid
405 14th St, 11th Floor, Oakland
1-800-551-5554
510-663-4744

Child Support Enforcement DCSS
1-866-901-3212

East Bay Community Law Center
2921 Adeline, Berkeley CA 94703
510-548-4040
www.ebclc.org

Equal Rights Advocates
1-800-839-4372
www.equalrights.org

Family Violence Law Center
510-208-0220
www.fvlc.org

Law Center for Families
510 16th St, Suite 300, Oakland CA 94612
510-763-2169

Record Sealing for Juveniles
510-618-1918

Alameda County Family Justice Center
Child Protective Services
470 27th St, Oakland CA 94612
510-267-8800
www.acfjc.org

Alameda Family Services (formerly Xanthos)
2325 Clement Ave, Alameda CA 94501
510-629-6300
www.alamedafamilyserviced.org

Peace Creations
Serving Castro Valley
925-833-9505

Second Chance
Serving Fremont and Newark
6330 Thornton Ave, Newark CA 94560
510-792-4357
www.secondchanceinc.com

Dorn and Associates
Serving Hayward
1065 A St, Hayward CA 94541
510-889-6091

Communities United Against Violence
Serving the LGBTQ community
415-333-4357
www.cuav.org

Terra Firma
Educational Services and Diversion
510-675-9362
When spider weaves unite, you can tie up a lion. Ethiopian Proverb

We thank partners for being champions and supportive of our programs and all those in the struggle for equity and public systems transformation.

Alameda Co. Probation | 510-268-7050 | www.acgov.org/probation/
Alameda Co. Health Care Services | 510-618-3452 | www.acgov.org/health/
Alameda Co. Social Services | 1-888-999-4772 | www.alamedasocialservices.org/public/
Alameda Co. Hispanic Chamber of Commerce | 510-545-3537 | www.hccac.net
All of Us or None | 415-255-7036 | www.allofusornone.org
Bay Area Council of Elders | http://www.brotherhoodofelders.com/
Alameda Co. Board of Supervisors | 510-272-6691 | www.acgov.org/board/
Apple of Discord Productions | 510-734-7776 | www.appleofdiscordproductions.com
Bay Area Black United Fund | 510-763-7270 | www.babuf.org
California Endowment | 510-271-4200 | www.calendow.org
Challenge Day | www.challengeday.org
Healthy Communities, Healthy Oakland | www.alameda.networkofcare.org/aging/resource/agencydetail.cfm
Institute for the Advanced Studies of Black Family Life & Culture | www.iasbflc.org
Bay Area Black Nurses Association | 510-287-5622 | www.babna.org
The Mentoring Center | 510-891-0427 | mentor.org
Be a Mentor | 1-888-232-6368 | www.beamentor.org
Bay Area Women's Cancer Center | 1-888-421-7900 | www.cancercenter.com/
UCSF Cancer Center Helen Diller Family | 1-888-689-8273 | www.cancer.ucsf.edu/
UC Berkeley School of Public Health | 510-643-8451 | sphp.berke./
La Clinica de la Raza | 510-535-4130 | www.laclinica.org/
Overcomers with Hope Studios | bishopjewatkins@msn.com |
http://overcomerswithhope.yolasite.com
Street Level Health Project | 510-533-9906 | http://streetlevelhealth.org/
The Alameda County Urban Male Health Initiative is charged with reducing the premature mortality of men and boys in Alameda County by focusing on the following goals.

- Developing strategies, policy recommendations, and programs that are designed to increase healthcare access and advance a continuum of care for underserved men and boys.
- Improving health outcomes for men in specific disease areas, including but not limited to prostate and testicular cancers, cardiovascular diseases such as high blood pressure, stroke, and heart attacks, depression, suicide, and diabetes.
- Studying local health concerns unique to men or which predominately affect men, and make appropriate recommendations.

The Urban Male Health Forum are ongoing meetings scheduled to bring together community members, policy makers, healthcare providers, and various community-based organizations that serve males to network, share ideas, and learn about male health issues together. The UMHI forum learning objectives are to:

- Communicate with one another and find out what other male-focused programs are doing.
- Collaborate, share resources, network and create a forum for potential partnerships to emerge.
- Showcase male service providers.
- Share strategies, best practices, and new approaches to serving males.
- Assist the UMHI with the development of policies and best practices.

Contact Information
Michael Shaw, Director, Office of Urban Male Health
Email: Michael.Shaw@acgov.org
www.acphd.org/urban-male-health/
Phone: 510-208-5986

Bananas, Inc
Child Care Resource Network
Black Infant Health Role of Men Program
510-658-7353
510-618-1967
DNA Diagnostic Center
1-800-362-2368
50+ Medical Alert System
1-800-875-7574
Genetic Testing Laboratories
1-866-833-6895
Improving Pregnancy Outcomes Program
Daddy Boot Camp and Support Services
510-618-2080
Parental Support Line
1-800-829-3777
www.familypaths.org

Project Reconnect for Family of At-Risk Youth
3350 MacArthur Blvd, Oakland
510-482-1738

Men Creating Peace
360 Grand Ave, Suite 76, Oakland
510-730-0184
www.mencreatingpeace.org

Men’s Support Group
405 14th St, Suite 204, Oakland
510-258-6450

Apple of Discord (Tamara Perkins)
www.appleofdiscordproductions.com

Child Support Liberation

Fathers Rights

Paternity Laws

Promoting Responsible Fatherhood
Federal Resources

R.E.A.L. Choices
Youth Intervention Education
(C4E) Reaching Expanding Adolescent Lines
Merritt College
12500 Campus Dr, Suite P112, Oakland CA 94619
510-685-4325
www.r-ale.org
vernell@realchoices.us

Citizens for Education, James Joshua, President
Merritt College Suite P-112
Merritt College
12500 Campus Dr, Suite P112, Oakland CA 94619
510-927-1040

First 5 Alameda County– Father Corps Program
Kevin Bremond, Coordinator
kevin.bremond@first5alameda.org
http://www.first5alameda.org/alameda-county-fathers-corps
1. Submit a “Records Sealing Application” and an “Affidavit and Petition for the Sealing of Records” to Alameda County Probation Department (fees may apply).

2. It generally takes five months to be screened and to set a court date for your hearing. You will have to appear in court only if the sealing of your record is opposed.

3. At the hearing the court will review your petition and your probation officer will report their recommendation.

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**Figure 22: Percentage Males Who Live in an Area with a High Violent Crime Rate, Alameda County**

- All
- White
- AfrAm
- Asian
- Latino


80%
70%
60%
50%
40%
30%
20%
10%
0

**Figure 25: Male Parole Rate, Alameda County**

- All
- White
- AfrAm
- Latino
- AmInd
- Others


Note: All others means those of all other race/ethnicities.
Know Your Rights

- Right to remain silent. Anything said can be used as evidence. This right applies to the police, probation officer, and the immigration and Naturalization Services (ICE).
- Right to a lawyer prior to police questioning and during the court process. The court will appoint a lawyer to represent the youth if the Juvenile cannot afford one.
- Right to have a translator available.
- Right to have a free copy of the charges against the youth.
- Right to a trial to face and cross-examine witnesses.

If You Are Arrested

- Don’t say anything to the police, except to identify yourself.
- Ask to talk to a lawyer.
- Stay calm and be polite. Keep your hands where the police can see them.
- Do not run away, resist, or even touch a police officer.

If Your Child Is Arrested

- Get a private attorney or a public defender.
- Communicate with your child about the incident.
- Gather letters of support for your child (from teachers, clergy members, community leaders, etc.).
- Communicate with your child’s probation officer and provide the letters of support.
- If you are not comfortable speaking English, ask for a translator.
- See what programs in the community can help you and your child. These can be after-school programs, drug or alcohol programs, mental or emotional health programs, or family counseling.
- If your child goes to trial, always show up to court.
- If you are not comfortable speaking English, ask for a translator.
- Make sure your child is well dressed.
- Show the court you support your child.
- Show the court you are willing to help your child. This can be shown by programs you will participate in.
- Ask questions of the probation officer, your attorney, or community agency if you don’t understand.
Due to multiple factors, including poor health education and a paucity of male-specific health programs, men’s health and well-being are steadily deteriorating. This deterioration is best illustrated by the life-expectancy gap. In 1920, the life expectancy difference between men and women was one year. Yet, by 2009, that gap has increased to seven years with men having a higher death rate for each of the top ten leading causes of death.

**Statistical Overview**

In the United States, an estimated half (50%) of men’s deaths each year could be prevented through changes in personal health practices. Yet, men and boys are more likely than women and girls to adopt unhealthy beliefs and engage in risk-taking behavior, and less likely to adopt health-promoting behaviors. The average life expectancy of African American males is 65.2 years (U.S. Congress, 1991:20) - not long enough to collect Social Security or Medicare.

Male deaths outnumber females in 14 of the top 15 causes of death. All of the top 15 causes are in the domain of primary care—one of the most serious health problems in America today.

- As teenagers, boys die at twice the rate of girls.
- Men have a higher death rate from pneumonia and influenza than women.
- American men are twice a likely to die from parasite-related diseases.
- Men 55 to 74 years are twice as likely as women to die of heart disease.
- Men suffer hearing loss at twice the rate of women.
- Men account for 84 percent of suicides among people 65 and older.

"Men are at serious risk in a crisis that has been brewing for decades. They get sicker faster than women. They die younger. They vastly outnumber women as victims of violence and on-the-job accidents. They are reluctant to see a doctor, and when they finally try to, they face barriers to care.”

*Henrie Treadwell, Ph.D., W.K. Kellogg Foundation*
A Checklist

- Prepare to be a father
- Attend prenatal appointments and classes with mom-to-be
- Encourage her to eat healthy
- Talk with her and the health care provider about the pregnancy, what to expect and ways to help
- Help with housework so she can relax
- Talk about your concerns about being a father
- Get support from friends and family

“As a father, I want to be there every step of the way. Because that’s what being a father is really all about.” Rodney Peete
Alameda County Office of Education  
Foster Youth Services  
313 W Winton Ave, Hayward  
510-670-7750  
www.acoe.org

Affordable Housing Associates  
1521 University Ave, Berkeley CA 94703  
510-647-0700  
www.sahahomes.org

Beyond Emancipation  
Transition Housing, Education, Employment  
675 Heggenberger Rd, Suite 100, Oakland 94621  
510-667-7694  
www.beyondecision.com

Spectrum Community Services (HEAP)  
1435 Grove Way, Hayward CA 94546  
510-881-0300  
www.spectrumcs.org

Brighter Beginnings  
Fatherhood Programs Strengthen Family Support  
2648 International Blvd, Oakland 94601  
510-437-8950  
www.brighter-beginnings.org

Child Care Coordinating Council (4 C’s)  
22351 City Center Dr, Suite 200, Hayward  
510-582-2182  
www.4c-alameda.org

Community Alliance for Special Education  
1550 Bryant St, Suite 735, S.F. CA 94103  
415-431-2285  
www.caseadvocacy.org

Creative Kids Infant Toddler and Preschool Ctn.  
2330 West St, Berkeley  
510-888-9122  
creativekids07@yahoo.com

Disability Rights Education & Defense Fund  
3075 Adeline St, Suite 210, Berkeley 94703  
510-644-2555  
www.dredf.org

DreamCatcher Youth Services  
Homeless Youth Services for Those 13 to 18  
422 Jefferson St, Oakland 94607  
1-800-379-1114  
510-522-8363  
www.dreamcathershelter.com

2-1-1 Alameda County  
Free Information About Health, Housing, and Social Service Resources  
510-238-3155 main  
510-848-9092-BK  
510-796-9512-SC  
www.oaklandheadstart.org

The Children’s Bread  
524 El Pasco Dr, Oakland  
510-978-9681  
www.drpen1@msn.com

Saving Adolescents Future Education (S.A.F.E.)  
237 Haas Ave, Suite 430, San Leandro  
510-757-4240  
www.savingadolescents.org

Center for Healthy Schools and Communities  
1000 San Leandro Blvd, Suite 300 S.L. CA 94577  
510-667-7991  
www.healthyschoolsandcommunities.org

YMCA of the East Bay  
2330 Broadway, Oakland CA 94912  
510-451-8039  
www.ymcaeastbay.org

2-1-1 Alameda County  
Free Information About Health, Housing, and Social Service Resources  
510-238-3155 main  
510-848-9092-BK  
510-796-9512-SC  
www.oaklandheadstart.org

Alameda Alliance for Health  
1-877-371-2222

Blue Cross Insurance  
510-986-2400

Healthy Families  
Kaiser Permanente  
1-800-255-5053

Men’s Health Information  
www.menshealth.com

Men’s Health Network  
www.menshealthnetwork.org

WebMD Health Information  
www.WebMD.com

AlamedaKids. Org is For families with children ages birth to 5 years. You can find information on child development. Check out the Resource Directory to search over 200 early childhood and parenting resources located in Alameda County.

Help Me Grow is a FREE and confidential support and resources for children’s development, learning and behavior. 1-888-510-1211

There are lots of things to do that don’t cost much of anything...except quality time with a parent.

- Farmers’ Market
- Make cookies
- Home made arts and crafts
- Park visitation
- Board games
- Chores
- Painting
- Airport watching
- Watch a construction site
- Camp
- Wood crafts
- Local public libraries: free books, audio books, dvd’s, cd’s, book sale, internet access, computer access, free magazines, book clubs, exhibitions, free bookmarks, coupons, free classes, children’s entertainment, and literacy classes.
Access Counseling Services (24 hour access)

Alameda Family Services 1-800-491-9099
Behavioral Health Care Service Access Program

Allen Temple Men’s Program 510-567-1490
Attitudinal Healing Connection 510-652-5530
Center for Family Counseling 510-562-3731
City of Berkeley Mental Health 510-981-5290
Crisis Support Services of Alameda County 1-800-309-2131

East Oakland Recovery Center 510-568-2432
Family Paths 1-800-829-3777
Family Paths Prebid Stress Local 510-893-5444
Highland Hospital Anger Management 510-437-4688
Domestic Violence

Narcotics Anonymous 510-444-4673
Mental Health Associate Program non-profit 510-835-5010
Benefits for mentally ill 510-835-5532

Crisis Support Services of Alameda County 24-hour line

Alameda Family Services 2325 Clement Ave, Alameda 510-629-6300
Asian Health Clinic 818 Webster St, Oakland CA 94607 510-986-6800
www.asianhealthservices.org/

Axis Community Health Clinic and Mental Health 6666 Owens Dr, Pleasanton CA 94588 925-462-1755
www.axishealth.org

Healthy Oakland Clinic & Resource Center 580 San Pablo Ave, Oakland 510-444-9655
La Clinical de la Raza 1537 Fruitvale Ave, Oakland CA 510-535-4130
www.laclinica.org

Lifelong Medical Health Center 616 16th St, Oakland CA 94612 510-451-1273

Native American Health Center Clinic 3124 International Blvd, 2nd Floor, Oakland 510-437-9024
www.nativehealth.org

East Oakland Health Center 7450 International Blvd, Oakland, 510-430-9401
www.wohc.org

Second Chance Incorporated Recovery Services 6330 Thornton Ave, Newark CA 510-792-4357 510-481-8645

The Suitcase Clinic Drop-in Tuesday 6-9 pm
2407 Danish Street, Berkeley 510-269-7242
www.suitcaseclinic.org/youth

Tiburcio Vasquez Health Center Clinic Medical and Dental Services 33255 9th St, Union City 510-471-5880

West Oakland Health Council Health Services 700 Adeline St, Oakland CA 94607 510-835-9610

Winton Wellness Center ALCO medical Center
24100 Amador St, 2nd Floor, Hayward 510-266-1700

Bay Area Black Nurses Association Organization of registered nurses, licensed vocational nurses and nursing students who provide outreach and health screenings.
3317 Elm Street, Suite 103 Oakland, CA 94609 510-287-5622
www.babna.org

Age-Adjusted Rate per 100,000

Figure 21: Male Emergency Department Visit Rate for Mental Disorders, Alameda

Figure 19: Percentage Binge Drinking, Males 18+ Years, Alameda County

![Pie Chart](image)

Figure courtesy of Alameda County Comprehensive HIV Plan 2014.

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**Alameda Health System**
Case management parent w child under 18
1411 E 31st St, Oakland CA 94602
510-437-5192
www.alamedahystem.org

**Casa de la Vida of Berkeley Place Incorporated**
421 Fairmount Ave, Oakland CA 94611
510-839-3769

**Chrysalis**
Horizon Services
3837 Telegraph Ave, Oakland CA 94609
510-450-1190
www.horizonservices.org

**CURA—North Oakland**
Sober living environment service for parolee
531 24th St, Oakland CA 94612
510-839-2525

**East Bay Community Recovery Project**
2577 San Pablo Ave, Oakland CA 94607
510-446-7180

**La Cheim Behavioral Health Services**
Mental health, services, Prenatal hospitalization
3031 Telegraph Ave, Oakland CA 94609
510-596-8125

**Over 60 Health Center (lifelong medical care)**
510-601-6060

**Peers Envisioning and Engaging in Recovery**
333 Hegenberger Rd, Suite 250 2nd floor
Oakland CA 94621
510-832-7337
www.peersnet.org

**Thunder Road**
Adolescence behavior issues addictions
390 40th St, Oakland CA 94609
510-653-5040 x341

**West Oakland Health Council**
Residential for men
700 Adeline St, Oakland CA 94607
510-835-9610

**Specialty Clinics**

**Alameda County Tobacco Removal**
Project New Start
Educational attainment life style change program
510-208-5926
www.acgov.org

**Bay Area Urology Medical Group**
Prostate, kidney, bladder, and testicular exams
650-348-7770

**Cal Pep**
HIV and AIDS education and testing
2811 Adeline St, Oakland CA 94608
510-874-7850
www.calpep.org

**East Bay Project of the East Bay**
Walk-in testing clinic
1320 Webster St, Oakland CA 94612
510-663-7979
www.apeb.org

**Eastbay agency for children**
3100 Summit St, 2nd floor, Oakland CA 94609
510-869-8485
www.ebac.org

**Alameda County Office of AIDS Administration**
1000 Broadway, Suite 310, Oakland CA 94607
510-268-7630

**Alameda County Tattoo Removal**
(Project New Start)
Educational attainment life style change program
510-208-5926
www.ebac.org

**Bay Area Urology Medical Group**
Prostate, kidney, bladder, and testicular exams
510-348-7770
www.ebac.org

**Highland Hospital Outpatient Clinic**
Prostate Urology Clinic 437-4800 -dial -00
Emergency 437-4800 -dial -00
1411 E 31 St, Oakland CA 94602
510-437-4800
www.highlandahs.org

**IMPACT**
Prostate cancer counseling and treatment
1-800-409-8252
www.california-impact.org

**Native American Health Center**
Medical, Dental, Prenatal
3124 International Blvd, Oakland CA 94601
510-535-4400
www.nativehealth.org

**Over 60 Health Center (lifelong medical care)**
510-601-6060

**Street Level Health Project**
2501 International Blvd, Oakland CA 94601
510-533-9906
www.streetlevelhealth.org

**Volunteers of America Bay Area**
672 Thirteenth St, Suite 100 Oakland CA 94612
510-663-4546

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**Drug and Alcohol Treatment and Recovery**

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**Figure 19: Percentage Binge Drinking, Males 18+ Years, Alameda County**

![Bar Chart](image)