



Resources for Pregnant Teens in Alameda County Revised 2016

<i>Name of Agency</i>	<i>Address, Phone, Website</i>	<i>Services, Languages</i>	<i>Eligibility</i>
Cal-SAFE Program	<p>Hayward, William P. Burke Academy 612 West A Street, Hayward, CA 94544 (510) 785-9326</p> <p>Oakland, Fruitvale Academy 2640 International Blvd., Oakland, CA 94601 (510) 536-6086</p>	<p>Support services related to school success for high school pregnant/parenting students. These locations offer assistance in completing high school or GED, child care services, and support groups.</p> <p>Serving all languages.</p>	<p>Female and male students age 18 and younger may voluntarily enroll if they are an expectant parent, custodial parent, or taking an active role in care/supervision.</p>
	<p>Alameda, Island High School 500 Pacific Ave, Alameda, CA 94501 (510) 748-4024 x 114</p> <p>Berkeley High, Vera Casey Center 2246 Milvia St., Berkeley, CA 94704 (510) 809-2254</p> <p>Fremont, Robertson High School 4455 Seneca Park Ave., Fremont, CA 94538 (510) 657-9155 x 49105</p> <p>Hayward, Tennyson High 27035 Whitman St., Hayward, CA 94544 (510) 723-3190 x 63155</p> <p>Pleasanton, Horizon High 245 Abbie St., Pleasanton, CA 94566 (925) 426-4275</p>	<p>Child care services provided. Other support services may vary by location.</p> <p>For more information about the Cal-SAFE program contact Carolyn R. Hobbs, chobbs@acoe.org (510) 670-7683</p> <p>www.acoe.org/acoe/StudentPrograms/SchoolPrograms/Cal-SAFEandISP</p> <p>Serving all languages.</p>	<p>Female and male students age 18 and younger may voluntarily enroll if they are an expectant parent, custodial parent, or taking an active role in care/supervision.</p>
<p>Cal-Teen (Formerly Cal-Learn)</p>	<p>Apply for CalWORKS in person at any Alameda County Social Services Agency Self-Sufficiency Center to enroll in Cal-Teen.</p> <p>Oakland 8477 Enterprise Way, Oakland, CA 94621 (510) 777-2300</p> <p>2000 San Pablo Ave., Oakland, CA 94612 (510) 891-0700</p> <p>6955 Foothill Blvd., #100, Oakland, CA 94605 (510) 383-5300</p> <p>Hayward 24100 Amador St., Hayward, CA 94544 (510) 670-6000</p>	<p>Cal-Teen is designed to encourage pregnant and parenting teens to graduate from high school or its equivalent, become independent, and form healthy families. Families get:</p> <ul style="list-style-type: none"> ▪ Financial incentives ▪ Support services ▪ Case management to assist teens to stay in school and earn a diploma <p>http://www.alamedasocialservices.org/public/services/employment_and_training/cal_teen.cfm</p> <p>Serving all languages.</p>	<ul style="list-style-type: none"> • Pregnant/parenting teens enrolled in CalWORKS. • Under age 20. • Have not earned a high school diploma or equivalent.



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Cal-Teen (continued) (Formerly Cal-Learn)	Fremont Social Services Outstation 39155 Liberty St., #C330, Fremont, CA 94536 (510) 670-6000 Livermore Social Services Outstation 3311 Pacific Ave., Livermore, CA 94550 (925) 455-0747		
Brighter Beginnings	2595 International Blvd., Oakland, CA 94601 (510)437-8950 www.brighter-beginnings.org	AFLP and Cal-Teen Provider – Comprehensive case management for pregnant teens up to age 18. Teen Expansion – Case management and 2 home visits per month for pregnant teens up to age 25. Early Head Start – Case management and weekly home visits for parents with children 0-3 years of age. English and Spanish	<ul style="list-style-type: none"> ▪ Pregnant teens ▪ Residents of these cities in Alameda County <ul style="list-style-type: none"> - Alameda - Albany - Berkeley - Emeryville - Oakland - San Leandro
Tiburcio Vasquez Health Center's Family Support Services	22211 Foothill Blvd, Hayward, CA 94544 (510) 471-5907 ext 3711 http://www.tvhc.org/ProgramsServices/FamilySupportServices.aspx	<ul style="list-style-type: none"> ▪ Case management ▪ mental health services ▪ parenting education ▪ AFLP provider and Cal-Learn case management ▪ Collaboration with prenatal providers at Tiburcio Vasquez Health Center English and Spanish	<ul style="list-style-type: none"> ▪ Pregnant and parenting teens ages 19 and younger. ▪ Residents of Castro Valley, Fremont, Hayward, Livermore, Newark, Pleasanton, San Leandro, San Lorenzo, Sunol, and Union City
Clinica Alta Vista Teen Clinic	1515 Fruitvale Ave. Oakland, CA 94601 (510) 535-6300 http://www.laclinica.org/ClinicaAltaVista/	Comprehensive prenatal care , including health education, nutrition, and psychosocial services. English and Spanish	Pregnant, age 22 or younger, Medi-Cal eligible
Alameda County Women, Infants and Children (WIC)	* See page 4 for local WIC locations. http://www.acphd.org/wic.aspx	WIC is a nutrition program that provides nutrition, advice, referrals, help with breastfeeding, and healthy food. Participants can receive \$50 to \$100 per person each month in checks for healthy food, such as fruits, vegetables, and healthy grains. Serving all languages.	Low-income pregnant, breastfeeding, and non-breastfeeding postpartum women, and infants and children up to age 5 who are found to be at nutritional risk.



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Alameda County Healthy Start Initiative (ACHSI) (formerly IPOP)	1100 San Leandro Blvd., Suite 120, San Leandro, CA 94577 (510) 618-2080 http://www.acphd.org/whp.aspx	Care coordination , case management, and health education for pregnant and parenting African American women who live in the following zip codes: 94601, 94602, 94603, 94605, 94606, 94607, 94621, and (Ashland/Cherryland) 94541, 94578, 94580 Fatherhood services also offered. English	<ul style="list-style-type: none"> ▪ African American ▪ No more than 28 weeks pregnant. ▪ Lives in one of the service zip codes.
California Youth Crisis Line	(800) 843-5200 www.youthcrisisline.org	Statewide, toll free, 24-hour, confidential hotline . Referrals to local homeless youth shelters, youth-serving medical clinics, on-going counseling services and more throughout California. English.	Teens and young adults age 12-24 and/or any adults supporting youth.

Additional Resources:

- www.ACHealthCare.org - find free or low-cost clinics in Alameda County for prenatal care, family planning, primary care and much more
- **The Family Health Line** - provides referrals to health care programs and social services for pregnant women, children and families in Alameda County. Call (888) 604-4636, 8:30 am – 5 pm Monday-Friday.
- **2-1-1** - provides housing information and critical health and human services resources. Calls are answered 24/7 in many languages.
- **Alameda County Family Justice Center** - serves individuals and families experiencing domestic violence, stalking, sexual assault and exploitation, child abuse, child abduction, elder and dependent adult abuse, and human trafficking. They provide crisis intervention, emergency shelter, counseling, case management, and much more. Call (510) 267-8800 or visit www.acfjc.org
- **ACCESS** - offers mental health referrals and alcohol/drug abuse treatment programs or services in Alameda County. Call (800) 491-9099.

WIC

Are you Pregnant, Breastfeeding or raising children under 5?

Get nutrition advice, help with breastfeeding, and checks to buy healthy foods!



**Alameda County
WIC Program
(510) 595-6400**

Hours: Monday,
Tuesday, Thursday,
Friday: 8:40-5;
Wednesday:
9:40-1, 3:30-6
Saturdays: 8:40-4:30

Telegraph

3600 Telegraph Avenue
North Oakland

Eastmont Mall

7200 Bancroft Avenue,
2nd floor, Room 204
East Oakland

Hayward

24085 Amador Street,
Suite 100
1st floor

Fremont

Call for appointment:
795-2457 or
595-6400
Monday, Tuesday,
Thursday, Friday:
8:40-12; 1-5
One Saturday per month:
8:40-12, 1-4:30
Fremont Resource Center
39155 Liberty Street,
Room D-430

**Other WIC offices
Axis Community
Health Center**

Monday, Wednesday,
Thursday, Friday
1st Tuesday: 8:30-12,
12:45-4:30,
Other Tuesdays:
9:30-5:30
1991 Santa Rita Rd,
H - Mission Plaza
Shopping Center,
Pleasanton
(925) 846-5983

City of Berkeley

Monday-Thursday:
8:30-5, Friday 9a-12,
2nd Thursday, 8:30-6:30,
1st Saturday: 11-3
830 University Avenue
(510) 981-5360

**East Oakland
Health Center**

Monday-Friday: 8:30-
4:30
7450 International
Boulevard
(510) 613-2257, 613-
2216

**La Clinica de la Raza
- Fruitvale WIC**

La Clinica de La Raza
Monday-Friday: 8-5:30
3451 East 12th St.
(510) 535-4110

- San Antonio WIC

Monday - Friday: 8-5:30,
1030 International Blvd
Oakland
(510) 272-1500

**Alameda Point
(Native American
Health Center) 2nd**

Monday, 1st Wednesday
& 4th Friday, 9-12:30,
1-4pm
677 West Ranger Ave.
Alameda
(510) 814-8440

**Native American
Health Center**

Monday-Friday: 8:30-5,
3rd Saturday:
8:30- 5
3124 International Blvd
1st Floor, Room 103
Oakland
(510) 434-5300

**Tiburcio Vasquez
Health Center offices
(510) 471-5913**

-Union City

Monday-Friday: 8:30-5
32970 Alvarado Niles
Rd., Suite 760,

-Fremont

Monday-Thursday: 8:30-5
3845 Beacon Ave.,
Suite A,

- Hayward

Monday-Friday: 8:30-
4:45
22331 Mission Blvd.
(second floor)

- San Leandro

Monday, Wednesday,
Friday and some Tuesday
and Thursday: 8:30-4:45
15949 E. 14th Street

**West Oakland
Health Center**

Mondays-Wednesdays,
Fridays 8:30-4:30
700 Adeline Street
(510) 302-3734

Working Families can get WIC!

A family of two (a pregnant woman, or a parent with one child) can earn up to \$2,470 per month before taxes, a family of 3 up to \$3,108.

To apply, bring ID, proof of income and address.

Legal residence is not required. Participation in WIC will not affect your future application for citizenship.

This institution is an equal opportunity provider.