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Contacts:
Media: Jerri Randrup (951) 217-7087
Public: Communicable Disease, Public Health Department (510) 267-3250

Public Health Department Warns of Possible Measles Exposure
One individual present at a Livermore restaurant on March 23, 2019

Alameda County health officials are advising persons who were at Sauced BBQ & Spirits Restaurant in Livermore, CA on Saturday, March 23 from 8 pm to 11 pm that they may have been exposed to measles.

People who were present at the Livermore restaurant on the evening of March 23 and are not immune to measles are at risk for developing measles from this exposure. Persons who should follow up immediately with their health care provider are those who are unvaccinated or who have weakened immune systems. Some persons are at risk for a more serious form of measles and may need to receive preventive treatment within 6 days of exposure, such as infants younger than 12 months, persons who cannot receive measles vaccine due to a weakened immune system (for example, due to organ transplant or chemotherapy), or pregnant women.

If you were at Sauced Restaurant in Livermore on March 23 between 8 and 11 pm and if you or your child are:

- Pregnant
- Immunocompromised (having a weakened immune system)
- An infant 12 months of age or younger
- Known to be unvaccinated against measles or
- A health care worker

Please call your health care provider and the Alameda County Public Health Department at 510-267-3250 right away, and no later than tomorrow, March 29.

“The Alameda County Health Department will assist you and your healthcare provider to determine if you need preventive treatment with immune globulin,” said Dr. Erica Pan, Interim Health Officer for Alameda County Public Health Department.
All persons who were present at this restaurant during that time should watch for symptoms of measles which can appear 7 to 21 days after the exposure and include fever, cough, runny nose, red eyes, and a rash that can last up to a week. Some people may develop complications such as diarrhea, middle ear infection, and pneumonia (lung infection). One in 1000 people with measles may develop encephalitis (brain infection) and 1-2 children of every 1000 with measles may die from lung or brain complications.

If you develop measles symptoms, call ahead to any medical facility before going there and to tell them that you may have been exposed to measles so that the facility can take measures to protect other patients and visitors.

Measles is preventable with the Measles, Mumps, and Rubella (or MMR) vaccine. Two doses of MMR are recommended for full protection and Alameda County benefits from high rates of vaccination against measles.

Check your immunizations or contact your provider to see if you are protected. If you aren’t sure if you were immunized, see the Alameda County Public Health Department website at www.acphd.org/measles for answers to frequently asked questions about measles immunization.