Health Advancement for Pacific Islanders

We stay strong by caring for our pregnant women and families.

Join our program for Pacific Islander pregnant women and teens, at no cost. We serve both mothers and fathers. We
- Meet you at your prenatal care visits with gifts such as clothing, diapers, car seats, strollers, and much more!
- Link families to the best resources in Alameda County. For example: child care, food, dental, bus vouchers, etc.

Help enrolling in health insurance.
- For all Pacific Islanders in Alameda County
- $40 gift card for each member who completes a medical visit with their new insurance
- No citizenship needed

Why every family member needs health insurance:
- To prevent health problems by having check-ups
- To avoid large bills
- To stay healthy
- Required on taxes

Follow us on Facebook:
www.facebook.com/PacificIslanderFamilyHealth

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Medi-Cal
Medi-Cal is health insurance for low-income people not covered under private or employer insurance plans.

• Apply in-person, or call an Alameda County Social Services Agency at 510-268-3787
• Call the Health Insurance Technician (HIT) Unit at 1-800-422-9495
• Apply online at www.mybenefitscalwin.org
• Apply online at www.CoveredCA.com

Kaiser Permanente Community Health Care Program
The Community Health Care Program helps pay for health insurance for children who do not qualify for full-scope Medi-Cal. You do not have to be a U.S. citizen.

• Call the HIT Unit at 1-800-422-9495 for an appointment
• Go online to: charitablehealth.kaiserpermanente.org/northern-california/ for enrollment help

HealthPAC
HealthPAC covers the cost of health care within a network for low-income Alameda County residents who do not qualify for full-scope Medi-Cal. You do not have to be a U.S. citizen.

• Find an enrollment site online at: www.acgov.org/health/documents/HealthPACbrochure-en.pdf
• Call the HIT Unit at 1-800-422-9495

Medi-Cal Access Program (MCAP)
Provides low-cost health insurance to middle income pregnant women with no insurance, lasting up to 60 days after the end of the pregnancy.

• Go to www.aim.ca.gov for how to enroll, who is eligible, and a paper application
• For enrollment help call 1-800-433-2611

Covered California
Low-income people not eligible for Medi-Cal can enroll in California’s health exchange, known as Covered California. Open enrollment is usually November-January.

• Visit www.CoveredCA.com
• Call the Covered CA service center at 1-800-300-1506

Medicare
Medicare is health insurance for people age 65 and older, and people with disabilities.

• Apply online using the online application at: www.socialsecurity.gov/medicareonly/
• Visit your local Social Security office
• Call Medicare at 1-800-633-4227

Need help with health insurance or to find a doctor?
Call Nicolas Carrera at the
Family Health Line
1-888-604-4636
Monday - Friday from 8:30 am to 5:00 pm.