

Websites



- www.iwanttoknow.com
- www.scarleteen.com
- www.sexetc.org
- www.mysistashs.org
- www.stayteen.org
- www.plannedparenthood.com
- www.loveisrespect.org
- www.advocatesforyouth.org
- www.asianhealthservices.org/ahsyp/
- www.teensource.org
- www.bom411.com
- www.myvoicemylife.org
- www.crisissupport.org

Hotlines



- Access Hotline 800.376.4636
Support around sexual decision making and referrals
- California Youth Crisis Line... 800.843.5200
- CASARC 415.206.8386
Victims of sexual assault support line for youth up to age 17
- Crisis Support Services 800.309.2131
- Emergency Contraception (EC) 888.NOT.2.LATE
- LGBTQ Youth Talk line 800.246. PRIDE
M-F 5-9pm for youth up to 25
- Runaway Hotline 800.RUN.AWAY
- Suicide Prevention Hotline 510.420.2460

This handout made possible by
Alameda County Public Health
Department-HHS-OAH-TPP-
Project HOPE Collaborative

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**AS A TEEN WHERE
CAN I GO FOR...**

STI testing?

Birth
Control?

Questions
and Answers?

Free
condoms?



**Your guide to services for a
healthy relationship in
Alameda County**

**Did you know as a teen
you have the right to...**

-To get confidential sexual health services— no need for parent permission

-Get an excused absence from school if you get an appointment for confidential services— you may have to get a note from your school counselor

-If you are 17 and older, you can get Emergency Contraception without a prescription or buy it from a pharmacy

-Get free or low cost STI/STD testing

-Buy condoms at any age

-Get Birth Control for free or low cost

**Most important: if you feel safe talk
with a responsible adult or parent.**

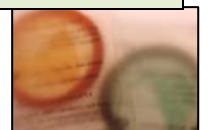
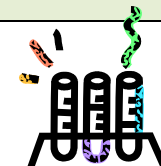


School Based Health Centers

Many school based health centers offer information, counseling, condoms, and appointments to get tested. Free of cost!



HEALTH CENTER NAME	SCHOOLS SERVED BY CENTER
Youth Uprising Health Center 510.428.3556	Castlemont Community of Small Schools
Chappell Hayes Health Center 510.835.1393	MyClymonds- Best and Excel High School
Hawthorne Elementary School 510.879.1240	Urban Promise W.O.R.L.D. and Achieve Academy
Roosevelt Middle School Health Center 510.879.2953	Roosevelt Middle School
Shop 55/Wildcats Clinic 510.879.3050	Oakland High School
TechniClinic 510.879.1907	Oakland Technical High School
Tiger Clinic 510.879.1600	Fremont Federation of High School
TVHC Logan Health Center 510.471.2520	James Logan High School
TVHC Tennyson Health Center 510.723.3190 ext. 63558	Tennyson High School



Medical Centers and Teen Clinics



NORTH OAKLAND/ BERKELEY

Berkeley Free Clinic

510.548.2570
2339 Durant Avenue, Berkeley
Transit: 40

Suitcase Clinic - Youth Clinic

510.269.7274
St. Mark's Episcopal Church
2300 Bancroft Way, Berkeley
Transit: F, 1R, 51B, 1, 49, 52, 851

Teen Clinic, Children's Hospital

510.428.3387
5400 Telegraph Avenue, Oakland
Transit: 800, 1R, 1, 12,18

DOWNTOWN OAKLAND

Asian Health Services

510.986.1024
310 8th Street, Suite 103, Oakland
Transit: 14, 15, 40, 40L, 35X, 36X, 43, 618, 82,
13, 82L, 12th St./Lake Merritt Bart

Lifelong Downtown Oakland

510.451.4270
616 16th Street, Oakland
Transit: 800, 26, 12th Street Bart



Downtown Youth Clinic

510.921.6680
3100 Summit Street, 2nd Floor, Oakland
Transit: 40, 40L, 43, 51, 59, MacArthur Bart

Highland Hospital and Health Centers

510.437.4800
1411 East 31st Street, Oakland
Transit: 11, 57, 602, 85

FRUITVALE

Clinica Alta Vista- Teen Clinic

510.535.6300
1515 Fruitvale Avenue, Oakland
Transit: 1, 20, 21, 39, 62, 339, 801, Fruitvale
Bart

Native American Health Center

510.535.4400
2950 International Boulevard, Oakland
Transit: 1R, 1, 20, 21, 39, 62,339, 801

EAST OAKLAND

Eastmont Wellness Center

510.567.5700
6955 Foothill Boulevard, Suite 200, Oakland
Transit: 40, 57, 58L, 612, 638, 657, 680, 805,
840 etc.

Howard Daniel Clinic

510.981.4200
9933 MacArthur Boulevard, Oakland
Transit NXC, NX3, 40, 57, 98



HAYWARD

Tiburcio Vasquez Health Center

510.471.5880
22331 Mission Boulevard, Hayward

Central Hayward Planned Parenthood

510.300.3800
1866 B Street, Hayward
Transit: 32

South Hayward Planned Parenthood

510.247.9181
27287 Patrick Avenue, Hayward
Transit: 22, 37, 83, 86

Winton Wellness Center

510.266.1700
24100 Amador Street, Suite 250, Hayward
Transit: 86, 90, 92

UNION CITY/FREMONT/NEWARK

Tiburcio Vasquez Health Center

510.471.5880
33255 9th Street, Union City
Transit: 99

Tri-City Health Center

510.770.8130
39500 Liberty Street, Fremont
Transit: U, 99, 801

Newark Health Center

510.505.1600
6066 Civic Terrace Avenue, Newark
Transit: SB, 251, 264, 275



Resources for LGBTQ Youth

(Lesbian, Gay, Bisexual,
Transsexual, Queer &
Questioning)



Pacific Center for Human Growth

510.548.8283
2712 Telegraph Avenue, Berkeley
www.pacificcenter.org



Bay Area Youth Center

22245 Main Street, Suite 200, Hayward
510.727.9401 www.baycyouth.org

Lighthouse Community Center

1217A Street, Hayward
510.881.8167



Shelter Information

Covenant House for Homeless Youth

510.379.1010
200 Harrison Street, Oakland

Dream Catcher Youth Shelter

510.629.6300
2325 Clement Avenue,
Alameda



Safe Surrender Baby Law

Newborns can safely and legally be given
up within 72 hours of birth at any hospital
emergency room or fire station with no
questions asked. www.babysafe.ca.gov/

Call 211 to find a Safe Surrender Site.