Mission:

Working together to empower youth to make informed healthy decisions and life choices!

Helping Oakland and other areas
Prevent Teen Pregnancy via Education (H.O.P.E) Program

Did you know...

- Every 97 seconds a teenager in California is infected with an STI.
- Teen births in Alameda County have increased over 9% in the past two years—this is the first increase in almost 10 years.

Need H.O.P.E?

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In one year, 371 teenage girls aged 15-19 living in Oakland gave birth.

- Latinas teens have the highest birth rate of 51.8 per 1,000, followed by African Americans at 35.1 births for every 1,000.
- Two out of three teen mothers never finish high school.
- The poverty rate for children born to teen parents is twice as high as the average rate.

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Project H.O.P.E Collaborative Partners

Alameda County Public Health Department
Maternal, Paternal, Child & Adolescent Health
http://www.acphd.org

Asian Health Services
http://www.asianhealthservices.org

Girls Incorporated of Alameda County
http://www.girlsinc-alameda.org

Oakland Unified School District
http://www.ousd.k12.ca.us/

ETR Associates
http://www.etr.org

Youth Radio
http://www.youthradio.org

Beats Rhymes and Life
http://www.brl-inc.org/

September 2011
Alameda County Public Health Department (ACPHD) Maternal, Paternal, Child & Adolescent Health continues to strive to reduce teen pregnancies, promote healthy youth development and increase communication between youth and their parents or other caring adult via Project Helping Oakland Prevent teen Pregnancy via Education (H.O.P.E).

Project H.O.P.E is a teen pregnancy prevention program providing multi-faceted services to students in 6th grade in the Oakland Unified School District, their families and caregivers in Oakland.

Project H.O.P.E values comprehensive sex education and understands the importance of key partnerships. H.O.P.E uses evidence based practices to guide their efforts and believes “it takes a village” to make a difference!

What is Project H.O.P.E?

Family Life Education sessions focusing on comprehensive sexuality education for youth.

Parent Information sessions for parents and caring adults.

Outreach to increase youth and family access healthcare services.

H.O.P.E Services

Making Proud Choices!

Making Proud Choices! Is an evidence-based curriculum that empowers adolescents to change their behavior in ways that will reduce their risk of becoming infected with sexually transmitted infections (STIs), HIV, and pregnancy.

The curriculum has been modified to be culturally appropriate for all 6th grade classrooms in the Oakland Unified School District.

Curriculum Objectives

- Goal setting to help teens achieve their dreams
- Increased knowledge about prevention of HIV, STIs, and pregnancy
- More positive attitudes/beliefs about condom use
- Increased confidence in their ability to negotiate safer sex and to use condoms correctly
- Stronger intentions to use condoms if they have sex
- A lower incidence of STI/HIV risk-associated sexual behavior
- A strong sense of pride and responsibility in making a difference