Health, Housing and Equity

Part 1 of the presentation: “Affordable Housing & Health”

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An event of East Bay Housing Organizations’
Affordable Housing Week 2010 – May 14th
What We’ll Cover

- Health Equity Framework
- Housing and Health in Alameda County
- Health Impact Assessments: Tool for Advocacy for Healthy Affordable Housing
Life Expectancy – Race

Figure 5: Historical Life Expectancy at Birth, Alameda County

- White: 7.8 years
- African American: 2.3 years

A Framework for Health Equity

Socio-Ecological

Medical Model

Upstream

Discriminatory Beliefs (isms)
- Race
- Class
- Gender
- Immigration status
- National origin
- Sexual orientation
- Disability

Institutional Power
- Corporations & other businesses
- Government agencies
- Schools

Social Inequities
- Neighborhood conditions
  - Social
  - Physical
- Residential segregation
- Workplace conditions

Risk Factors & Behaviors
- Smoking
- Nutrition
- Physical activity
- Violence
- Chronic Stress

Disease & Injury
- Infectious disease
- Chronic disease
- Injury (intentional & unintentional)

Healthcare Access

Downstream

Individual Health Knowledge
- Genetics

Mortality
- Infant mortality
- Life expectancy

Health Status

- Adapted by ACPHD from the Bay Area Regional Health Inequities Initiative, Summer 2008
Historical Context

- Policies and practices shape housing stability and access to homeownership
  - Segregation
    - Redlining
    - Racial restrictive covenants
    - Racial steering
  - Urban Renewal

"(5) no person or persons of the Mexican race, or other than the CAUCASIAN race shall use or occupy any building or any lot, except that this covenant shall not prevent occupancy by domestic servants of a different race domiciled with an owner, tenant or occupant thereof."

Filed with Alameda County Recorded on April 7th, 1941 by Frank E. & Mabel S. Clarke, Ada E. Rowe, E.W. & Ester Stenhammer
Wages and Housing Price Mismatch

The occupations selected represent the top three fastest growing occupations in Alameda County.

<table>
<thead>
<tr>
<th></th>
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</thead>
<tbody>
<tr>
<td>Retail salesperson</td>
<td>$11.37</td>
<td>$1,250</td>
<td>30%</td>
<td>98</td>
</tr>
<tr>
<td>Cashiers</td>
<td>$10.42</td>
<td>$1,250</td>
<td>30%</td>
<td>108</td>
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<tr>
<td>Office clerks</td>
<td>$15.48</td>
<td>$1,250</td>
<td>30%</td>
<td>69</td>
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Concentrations of “Severely Cost Burdened” Renting Households

Source: CAPE, with data from Census 2000.
Concentrations of Health Inequities

Alameda County Mortality Rate

Life Expectancy | Mortality Rate
--- | ---
72.7 | >950.0
78.6 | 704.4-950.0
82.7 | ≤704.3
No data

Life expectancy is years at birth.
Alameda County overall life expectancy = 79.9 years
Rate is age-adjusted all-cause mortality per 100,000.
Alameda County overall rate = 704.3/100,000

NOW YOU CAN PAY RENT AND EAT.

BK BREAKFAST VALUE MENU

10 ITEMS STARTING AT $1 EACH
Unaffordable Housing → Health

- Less disposable income
- Stress
- Overcrowding
- Substandard conditions

- Nutritious food & medical care
- Heart disease
- Mental health
- Respiratory infections (TB)
- Headaches, fever, skin disease, asthma
Unaffordable Housing → Health

- Displacement
- Homelessness

↑ stress
↓ community stability

↑ morbidity & mortality
Homeownership Rates by Race/Ethnicity, Alameda County

### Discrimination in Mortgage Lending in Alameda County

<table>
<thead>
<tr>
<th>Race</th>
<th>&gt;50% Median Income</th>
<th>50-100% Median Income</th>
<th>100%+ Median Income</th>
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</thead>
<tbody>
<tr>
<td>White</td>
<td>29%</td>
<td>20%</td>
<td>21%</td>
</tr>
<tr>
<td>Asian</td>
<td>37%</td>
<td>16%</td>
<td>18%</td>
</tr>
<tr>
<td>Latino</td>
<td>33%</td>
<td>30%</td>
<td>27%</td>
</tr>
<tr>
<td>African American</td>
<td>34%</td>
<td>27%</td>
<td>27%</td>
</tr>
</tbody>
</table>

Homeownership → Health

Intergenerational wealth

Compared to renters...

Civic Participation

↑ opportunities for health

↑ self-esteem

↓ blood pressure

↑ community stability & access to resources
Concentration of Foreclosures in Alameda County, 2007

Source: DataQuick, 2007, Census 2000
Foreclosure → Health

Loss of wealth (Individual & Community) → opportunities for health

Blight → emotional health

Displacement → violence & crime

→ stress

→ community stability