CHILD CARE - Cuidado Infantil
4 C's, South County 582-2182 x3198
Banana Child Care Referral 658-0381
Child Care Links, referrals, Livermore 925-417-8733
Head Start 3-5 years / Early Head Start 0-3 years: Alameda 629-6350, Berkeley 848-0949, Emeryville 601-8674, Hayward 796-9512 x2, Oakland 238-3165, Unity Council- Oakland 533-9926

CHILDREN'S HEALTH SERVICE - Servicios de salud para niños. Also see HEALTH CARE / CLINICS – Reférase a las Clínicas de Salud
For well-child exams call Family Health Line 888-604-4636
Asthma Start Program 383-5181
California Poison Control System 800-222-1222
Highway Patrol, Car Seat Help 450-3821

CHILDREN with SPECIAL NEEDS - Niños con necesidades especiales
Family Resource Network 547-7322
Building Blocks Therapeutic Preschool 434-7990
California Children’s Services, CCS, OT PT 208-5970
Children's Hospital (UCSF Benioff), Oakland Developmental & Behavioral Pediatrics 428-3351
Neonatal Follow-up 428-3006
Speech & Language Center 925-979-3440
East Bay Agency for Children, Therapeutic Nursery 655-4896 x6103
Regional Center of the East Bay 618-6100
For behavior and development issues Through the Looking Glass, disabled parent or child 848-1112

COUNSELING SERVICES - Servicios de consejería
ACCESS, 24-hour line Eng/Span/Chin 800-491-9099
FamilyPaths hotline, Eng/Span 800-829-3777
A Better Way 601-0203
Alameda Family Services 629-6300
Asian Community Mental Health Services 451-6729
Brighter Beginnings Mental Health Services 903-7500
Building Hope Early Childhood Mental Health Program, BHCS 481-4203
City of Berkeley Family, youth & Children Services 391-5280
CHAA (Community Health for Asian Americans) 835-2777
Children’s Hospital (UCSF Benioff) - Infant & Early Childhood Mental Health Program, Eng/Span 428-3407
Crisis Support Services - 24 hour line 800-309-2131
Jewish Family & Community Services of the East Bay 704-7475
La Clinica de la Raza, Casa del Sol Mental Health 535-6200
Pathways Counseling Center, Girls Inc. 357-5515
Portia Bell Home 745-9151
Tiburcio Vasquez Health Center Behavioral Health 471-5907 x3774
West Coast Children’s Oakland 269-9030

DENTAL CARE
Highland Hospital Dental Clinic 437-6575
Office of Dental Health, Healthy Kids, Healthy Teeth and Resources for Prenatal and Adult dental care 208-5910

DOMESTIC VIOLENCE and SEXUAL ASSAULT HELP
Ayuda para víctimas de violencia domestica y asalto sexual
Alameda County Family Justice Center 267-8800
Also call for DV Resource Guide copies
Child Abuse Hotline (CPS) 259-1800
Shelter Referrals 2-1-1
Adult Protective Services 577-3500
A Safe Place, Oakland 536-7233
Bay Area Women Against Rape, 24-hour line 845-7273
Building Futures with Women and Children, San Leandro 866-292-9688
Highland Hospital Sexual Assault Center 534-9290
National Domestic Violence Hotline 800-799-7233
Ruby’s Place, Hayward 888-339-7233
Safe Alternatives to Violent Environments, Fremont 794-6055
Tri-Valley Haven, Livermore 925-449-5842 or 1-800-884-8199

DRUG and ALCOHOL TREATMENT – Tratamiento para el abuso de drogas y alcohol
ACCESS, 24-hour line Eng/Span/Chin 800-491-9099
Alanon and AlaTeen 276-2270
Alcoholics Anonymous 639-8900
Narcotics Anonymous 444-4673

EMPLOYMENT SERVICES - Servicios de empleo
California Employment Development Dept. 800-300-5616
East Bay Works Career Centers, 7 locations 866-329-6757

FAMILY SUPPORT - Apoyo familiar
Child Protective Services 259-1800
FamilyPaths, Eng/Span 800-829-3777
4 C's, Parenting Classes: Fremont 713-2557, Hayward 582-2182
Alameda Family Services, Xanthos 629-6300
Bananas Group and Counseling, North County 658-7535
Brighter Beginnings (Teens, Fathers) 903-7500
Family Health Promotion (ClubMom), select zip codes 618-2080
Help Me Grow, birth to 5 years 888-510-1211
Native American Health Center, Groups 434-5421
Tiburcio Vasquez Health Center, Family Support 471-5907 x3771

FATHERS SERVICES - Servicios para padres
Bananas Group 658-7353
Fatherhood Initiative 667-4343
SAFE SURRENDER - Como entregar a su bebe de forma segura
To find a location, call 2-1-1

Newborns can be safely and legally given up at any hospital or fire station.

Recién nacidos pueden ser entregados de forma segura y legal al personal de cualquier hospital o estación de bomberos.

Prepared by the Community Forum for Perinatal Health, a collaboration of organizations in Alameda County in January 2018.

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All area codes are 510 unless indicated.

For corrections and additions, call the Family Health Line at 888-604-4636

For copies call 268-4270

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