Injury Prevention Program
Emergency Medical Services Division
Alameda County Public Health Department
1000 San Leandro Blvd.
San Leandro, CA  94577

A partnership of organizations from
Alameda County and the Bay Area

• Implemented Community Falls Prevention Discussion Groups to educate older adults on methods to reduce their fall risk
• Created and distributed the “Taking Steps to Prevent Falls” video and a Falls Prevention Manual for older adults
• Organized and hosted the Annual Statewide Senior Injury Prevention Conference since the year 2000
• Integrated Falls Prevention interventions into existing services provided by AAA contractors
• Partnered with the National Highway Traffic Safety Administration and the American Society on Aging to teach Driving Safety to older adults
• Obtained funding through, Public Health, Emergency Medical Services, the Area Agency on Aging, the Board of Supervisors, grants, and extensive in-kind efforts of SIPP partners
• Conducted educational forums for foundations to raise awareness regarding the need for senior injury prevention funding
• Provided initial platform for the launch of the Stop Falls Network and subsequent updates and service provider feedback
• Developed a “Fall Prevention Center” at Alameda County Medical Center. This unique program provides PT assessments, medication screening, and fall prevention education to high risk older adults.
• Conducted Physical Activity for Fall Prevention Trainings for “lay” physical activity leaders.

SIPP Accomplishments:

1. Implemented Community Falls Prevention Discussion Groups to educate older adults on methods to reduce their fall risk
2. Created and distributed the “Taking Steps to Prevent Falls” video and a Falls Prevention Manual for older adults
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Senior Injury Prevention Partnership

Alameda County Public Health Department
Alameda County Area Agency on Aging
United Seniors of Oakland & Alameda Co.
Alameda County Medical Center-Highland
Alameda County Commission on Aging
Alta Bates Summit Medical Center
Vital Link Emergency Response Systems
Kaiser Permanente
Eden Medical Center
Spectrum Community Services
Fremont Human Services
Adult Day Services Network
LIFE ElderCare, Inc.
Senior Support of the Tri-Valley
St. Mary’s Center
FORE
Alameda County Library System
Spanish Unity Council
American Medical Response
Fall Prevention Program of Contra Costa Co.
San Mateo Fall Prevention Task Force
Rebuilding Together Oakland

INJURY PREVENTION FOR THE SPA GENERATION
(SIXTY-PLUS ADULTS)

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2010

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SIPP Mission Statement
To reduce preventable injuries to the older population in Alameda County and to raise awareness regarding the need for injury prevention programs for older adults.

U.S. Census Bureau Data

Over the next 20 years, the sixty-plus population of the United States will more than double. For the first time in history there will be more people over the age of 65 than there are under the age of 14.

- Home Safety Modifications
- Physical Activity & Exercise programs at home and in group settings
- Nutrition and Diet Analysis
- Fall Risk Assessments
- Professional Education
- Medication Management
- Falls Prevention Education
- Driving Safety Education
- Emergency Preparedness Education
- Advocacy
- Case Management
- Emergency Response Systems
- Friendly Visitors
- Wellness Checks
- Bone Density Screenings
- In-Home Counseling
- BLS Hospital to Home Program

Unintentional Injuries - 2006
(Hospitalizations and deaths)

In the year 2006 people 65 years old and over represented just over 12% of the population of Alameda County. That 12% of the population accounted for over 45% of all hospitalizations and deaths due to unintentional injuries.

For more information on SIPP or joining the partnership contact:

Colleen Campbell, SIPP Coordinator
Phone: (510) 577 3535
Email: CCAMPBEL2@ACGOV.ORG
Address: Adult & Aging Services
6955 Foothill Blvd
Oakland, CA 94605