

Presented by the
UCSF SCHOOL OF MEDICINE and
the UCSF SCHOOL OF NURSING



University of California
San Francisco

9

TH ANNUAL

DEVELOPMENTAL DISABILITIES: Update for Health Professionals

LAUREL HEIGHTS CONFERENCE CENTER • SAN FRANCISCO, CA

COURSE CHAIRS

Lucy S. Crain, MD, MPH, FAAP

Geraldine Collins-Bride, RN, MS, ANP



Approved for
13.5 credits

A Two Day Continuing Medical Education Course Presented By:
University of California, San Francisco • School of Medicine and School of Nursing
This educational activity is partially supported by the Health Resources Services
Administration's Maternal and Child Health Bureau, USC-LAC LEND Program,
First 5 San Francisco and First 5 Solano Children and Families Commissions.

MARCH 11-12, 2010



TH ANNUAL

DEVELOPMENTAL DISABILITIES: Update for Health Professionals

LAUREL HEIGHTS CONFERENCE CENTER • SAN FRANCISCO, CA

This conference provides a practical and useful update for primary care and subspecialty health care professionals caring for children, youth and adults with complex health care needs and developmental disabilities. This year’s topics offer new perspectives, research findings and clinical guidelines, including an overview of relevant information for pediatricians, family physicians, internists, and nurse practitioners who are involved in the care of individuals with autism spectrum disorders. The conference should also be of interest to those in other health disciplines including health policy, school health, social work, speech pathology and case management services.

Topics for our annual courses are largely based on feedback and evaluations from our past participants. By demand, this year’s conference focuses on Autism Spectrum Disorders and Developmental Disabilities across the lifespan, including topics on early screening and referral, speech disorders, augmentative communication devices, and the relationship between ASD, nutrition and ADHD.

Keynote presentations feature outstanding educators, clinicians and epidemiologists. Our popular “Clinical Pearls” section includes updates on seizure disorders, cerebral palsy and ADHD presented by outstanding expert faculty.

The “Living with Disabilities” presentation continues to be a highlight on Friday morning, per specific request of previous attendees. Exhibitors for the conference will include several book publishers and other resources to help individuals better care for people with developmental disabilities and their caregivers. We hope that you will attend, and that your patients and clients with special health care needs will benefit from your participation.

Lucy S. Crain, MD, MPH, FAAP
Course Co-Chair

Geraldine Collins-Bride, RN, MS, ANP
Course Co-Chair

EDUCATIONAL OBJECTIVES

An attendee completing this course should be able to

1. Understand current screening options and techniques for assessing signs and symptoms of developmental disabilities in young children;
2. Become familiar with “red flags” signs for autistic spectrum disorders in early childhood;
3. Improve knowledge and recognition of common speech disorders in individuals with developmental disabilities;
4. Increase familiarity with augmentative communication devices;
5. Describe epidemiologic factors in autism trends;
6. Increase understanding of the relationship between nutrition and ASD;
7. Improve assessment aware of epidemiologic trends and various treatment options for cerebral palsy;
8. Gain a greater understanding of the relationship between ADHD, autism and other developmental disabilities to improve patient care plans;
9. Incorporate current treatment options for seizure disorders, ADHD and ASD.

THURSDAY MARCH 11, 2010

8:00-8:20am *Registration and Continental Breakfast*

8:20-8:30 **Welcome and Course Overview**

Lucy S. Crain, MD, MPH, FAAP
Geraldine Collins-Bride, RN, MS, ANP

DEVELOPMENTAL SCREENING, DISORDERED SPEECH AND EARLY INTERVENTION

8:30-9:15 **When, Where, and How to Screen for Developmental Disorders in Young Children** Karen Kay Imagawa, MD

9:15-10:00 **Early Screening and Referral: Red Flags for ASD in Pediatric Practice** Barbara Bennett, MD

10:00-10:15 **Q&A**

10:15-10:30 *Break, Exhibits*

10:30-11:15 **Differentiating Among Disorders of Speech and Language: Why Is This Child Having Difficulty Talking?** Heidi M. Feldman, MD, PhD

11:15-12:00pm **Supporting Children's Communication: Evaluation and Treatment for Augmentative Communication** Judy Henderson, MA, CCC-SLP

12:00-12:15 **Q&A**

12:15-1:30 *Lunch on your own*

1:30-2:15 **Epidemiology of Autism: The Trend Continues** Marshalyn Yeargin-Allsopp, MD

2:15-3:00 **Immune Dysregulation in Autism: What's the Connection?** Robin L. Hansen, MD

3:00-3:30 *Break, Exhibits*

ANNUAL SHRIVER LECTURE

3:30-4:30 **How Much ABA Is Too Much? An Overview of Rx Recommendations for ASD** Bryna Siegel, PhD

4:30-5:00 **Q&A Joint Panel: Drs. Yeargin-Allsopp, Hansen, and Siegel**

5:00-6:00 pm *Networking Reception*

FRIDAY MARCH 12, 2010

7:15-7:45am *Registration and Continental Breakfast*

7:45-8:00 **Welcome and Introductions**

8:00-9:00 **Psychopharmacology Overview for ASD and ADHD** Robert L. Hendren, DO

9:00-10:00 **Neurobiological Commonalities and Treatments in Fragile X Syndrome, Autism Spectrum Disorders and Other Developmental Disabilities** Randi J. Hagerman, MD, PhD

10:00-10:20 *Break, Exhibits*

10:20-11:00 **Nutrition and Autism: Are Kids What They Eat?** Marion Taylor Baer, PhD, RD

11:00-11:40 **Conventional & Unconventional Treatments of Cerebral Palsy and An Orthopaedic Perspective** Scott A. Hoffinger, MD

11:40-12:15pm **Living with Asperger's: A Conversation between Gary A. Blank, PhD and Evan Koch**

12:15-1:30 *Lunch on your own*

THE CUTTING EDGE

1:30-2:30 **Update on Treatment of Seizure Disorders** Brian Alldredge, PharmD
Joseph E. Sullivan, MD

2:30-3:15 **Trends in Epidemiology of Cerebral Palsy** Marshalyn Yeargin-Allsopp, MD

3:15-4:00 **Differential Diagnosis of ADHD: A Child Neurologist's Perspective** Kyle Steinman, MD, MAS

4:00-4:15 *Q&A, Evaluations and Adjourn*

COURSE CO-CHAIRS

Lucy S. Crain, MD, MPH, FAAP

Clinical Professor Emeritus
Department of Pediatrics
UCSF School of Medicine
Clinical Professor of Pediatrics, LPCH at
Stanford University School of Medicine

Geraldine Collins Bride, RN, MS, ANP

Professor and Vice-Chair
Department of Community Health Systems
UCSF School of Nursing

GUEST FACULTY

Marion Taylor Baer, PhD, RD

Associate Professor of Clinical Pediatrics,
Department of Pediatrics, USC Keck School of
Medicine; Director, LEND Program,
USC UCEDD at CHLA

Barbara Bennett, MD

Developmental Pediatrician, Medical Director of
the Child Development at CPMC;
Professor of Pediatrics at UCSF

Gary A. Blank, PhD,

Clinical Psychologist in Private Practice,
Santa Rosa, CA

Heidi M. Feldman MD, PhD

Ballinger- Swindells Professor of Development and
Behavioral Pediatrics, Stanford University
School of Medicine, Palo Alto, CA

Randi J. Hagerman, MD

Medical Director of the M.I.N.D. Institute;
Endowed Chair in Fragile X Research
UC Davis Health System,
Sacramento, CA

Robin L. Hansen, MD

Director of Clinical Programs, M.I.N.D. Institute;
Professor and Chief, Developmental-Behavioral
Pediatrics, Department of Pediatrics,
School of Medicine, UC Davis,
Davis, CA

Judy Henderson, MA, CCC-SLP

Speech-Language Pathologist,
Rehabilitation Services
Lucile Packard Children's Hospital, Palo Alto, CA

GUEST FACULTY (CONT'D)

Scott A. Hoffinger, MD

Chief Orthopaedics, Children's Hospital Oakland;
Associate Clinical Professor UCSF;
1st Vice President American Academy for
Cerebral Palsy and Developmental Medicine

Karen Kay Imagawa, MD

Director, Developmental-Behavioral Pediatrics
Program at Children's Hospital Los Angeles;
Director, Audrey Hepburn CARES Team at
Children's Hospital Los Angeles; Assistant
Professor of Pediatrics, Keck School of Medicine
of the University of Southern California

Evan Koch

Board Game Designer and Pesto Chef

Marshalyn Yeargin-Allsopp, MD

Medical Epidemiologist; Developmental
Disabilities Branch; National Center on
Birth Defects and Developmental Disabilities,
Centers for Disease Control and Prevention,
Atlanta, GA

UCSF FACULTY

Brian Aildredge, PharmD

Professor of Clinical Pharmacy & Neurology;
Associate Dean Academic Affairs,
School of Pharmacy

Robert L. Hendren, DO

Professor and Vice Chair of Psychiatry,
Director of Child and Adolescent Psychiatry

Bryna Siegel, PhD

Professor, Child and Adolescent Psychiatry;
Director, Autism Clinic, Children's Center at
Langley Porter

Kyle Steinman, MD, MAS

Assistant Professor of Neurology and Pediatrics

Joseph E. Sullivan MD

Assistant Professor of Neurology and Pediatrics

faculty

ACCREDITATION

The University of California, San Francisco School of Medicine (UCSF) is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

UCSF designates this educational activity for a maximum of 13.5 AMA PRA Category 1 Credit(s)[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

This CME activity meets the requirements under California Assembly Bill 1195, continuing education and cultural and linguistic competency.

Family Physicians Application for CME credit has been filed with the American Academy of Family Physicians. **Determination of credit is pending.**

Licensed Clinical Social Workers This course meets the qualifications on an hour-for-hour basis of continuing education credit for MFTs and/or LCSWs as required by the California Board of Behavioral Sciences. Approval No.PCE 1272.

Nursing For the purpose of recertification, the American Nurses Credentialing Center accepts *AMA PRA Category 1 Credit[™]* issued by organizations accredited by the ACCME.

Physician Assistants AAPA accepts category 1 credit from AOACCME, Prescribed credit from AAFP, and *AMA PRA Category 1 Credit[™]* from organizations accredited by the ACCME.

Psychology This educational activity is recognized by the California Board of Psychology as meeting the continuing education requirements toward license renewal for California psychologists. Psychologists are responsible for reporting their own attendance to the California Board of Psychology. The MCEP credit reporting form will be available at the course registration desk. Psychologists from other states should check with their respective licensing board.



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Office of Continuing
Medical Education

UCSF Box 0742, LH-450
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94143-0742

REGISTER TODAY!

For early-bird registration, visit our website at www.cme.ucsf.edu or call (415) 476-5808. For more information or to register online visit our website at www.cme.ucsf.edu. You may also reach us by calling the Office of Continuing Medical Education at (415) 476-4251 or emailing: info@ocme.ucsf.edu.

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Photos: Courtesy of Support For Families and Friends

GENERAL INFORMATION

Pre-registration is preferred to ensure that registrants receive a syllabus and CME certificate at the course.

How to Enroll

- Tuition: \$375** Practicing Physicians (\$450 if postmarked after 3/1/10)
- \$250** Nurses and other Health Professionals (\$300 after 3/1/10)

Payment can be made by Visa, MasterCard, AmEx or check.

Register via:

- Online: www.cme.ucsf.edu
- Mail: Complete course registration form and send with payment to:
**UCSF Office of CME
P.O. Box 45368
San Francisco, CA 94145-0368**

Fax: Fax completed registration form to: (415) 502-1795 (be sure to include your credit card number)

ON-SITE REGISTRATION

Generally we are able to accommodate on-site registration at our courses. To register by phone or to inquire about registration status, please call UCSF's CME Registration Office at (415) 476-5808. Please check our website for up-to-date information on the course: www.cme.ucsf.edu

REFUND POLICY

Cancellations received in writing before the first day of the course will be refunded, less a \$75 administrative fee. No refunds will be made on cancellations received after that date.

CONFERENCE LOCATION

Enjoy San Francisco's renowned attractions such as the historic cable cars, shopping in Union Square, or visit San Francisco's culinary hub at the Ferry Building. For your convenience guestrooms have been reserved at the following locations:

The Laurel Inn, 444 Presidio Avenue until February 12, 2010 \$149 per night (single/double). After this date, rooms will be provided on a space available basis only. Telephone 800-552-8735 or 415-567-8467; fax 415-928-1866. When placing reservations by phone or fax with the hotel, please mention that you will be attending the UCSF Developmental Disabilities Conference.

RENTAL CAR

Hertz is offering special rates for participants of this conference; simply call 800-654-2240 and refer to convention number 03BW0129, or call your travel agent. You may also make reservations at www.Hertz.com. Advance reservations are recommended.

AIR TRANSPORTATION

Special arrangements have been made with Montgomery Travel. Simply call (800) 391-2287 or complete the form on the UCSF web page at www.montgomerytravel.com. In addition to offering lower rates than published airfares, ticketed passengers may take advantage of the 24 hour emergency service. There is a \$35 service fee. UCSF has negotiated special fares with American and United Airlines for our course attendees. You may use the following tour codes to book on your own:

- American (800) 433-1790 code: 131066
- United (800) 521-4041 code: 510CF

9th Annual Developmental Disabilities: An Update for Health Professionals

MOC10001

March 11-12, 2010
Laurel Heights Conference Center
San Francisco, California

Mail to : UCSF Office of CME
 P.O. Box 45368
 San Francisco, CA 94145-0368
 Fax: (415) 502-1795

Register online: www.cme.ucsf.edu
 Registration Information: (415) 476-5808
 Course Information: (415) 476-4251

Dr. Mr. Mrs. Ms.

 Last Name First M.I.

 Degree Specialty

 Address

 City State Zip

 Daytime Phone Fax

 Email

Address Label Code Letter (see address label: example, A, B, C, D, etc.) _____

Would you like to be on our priority email list? Yes No

Date of birth to be used as OCME registrant number: ____ / ____ / **XX**
 Month Day

Please indicate if you have any special needs:

Registration Fees (Receipt/Confirmation will be mailed within two to four weeks):

- \$375** Practicing Physicians (\$450 if postmarked after 3/01/10)
- \$250** Nurses and other Health Professionals (\$300 after 3/01/10)

Make checks payable to *UC Regents*

Please charge my credit card: Visa MasterCard American Express for \$ _____

 Card # Expiration date

 Name on Card (Please Print) Authorized Signature

Refund Policy: Cancellations received in writing before the first day of the course will be refunded, less a \$75 administrative fee. No refunds will be made on cancellations received after that date.

Please check our website for up to date information on the course: www.cme.ucsf.edu

**UCSF Laurel Heights
 Conference Center**
 3333 California Street @ Walnut
 San Francisco, CA 94118

PARKING

Limited parking is available at the Laurel Heights Conference Center for \$12/day on Thursday/Friday. The conference center is located at 3333 California Street, between Presidio Avenue and Laurel Street and is accessible by public transportation (MUNI lines 1, 2, 4 and 43).

